### **5280 GYMNASTICS INSIDER**

### SPRING THINGS . . .

### SPRING BREAK DAY CAMP!

Join us for Spring Break Day Camp at 5280! Reserve your spot today – space is limited.

### ---- March 23<sup>rd</sup> through March 27<sup>th</sup> -----

All forms and information are available on our website and in the front office.

Our camp is a fun and safe way to experience gymnastics, group games, arts and crafts, and much more. Our qualified coaches and staff are committed to giving your child an exciting and camp experience.

### **Pricing:**

Half Day: \$30 Full Day: \$60 Full Week: \$250 Registration Fee: \$10

Sibling Discount: 10% off 2<sup>nd</sup> rec child

Team Family: \$75 per child. Unlimited access

#### **CONGRATS TO OUR COACHES OF THE MONTH!**

#### **COACH AMANDA!**

Coach Amanda has been with 5280 for over 10 years. She is



currently our Super Stars coach at the South Gym and shows up every day with a smile on her face! The constant praises from the gymnasts and parents of Coach Amanda show just how appreciated the intermediate.

show just how appreciated she is!

### **COACH SEAN!**

Coach Sean started working at 5280 in November. He coaches everything, from girls and boys recreational, to our Xcel and



USAG teams. We love him because he helps with anything that needs to be done around here – he even runs the vacuum once in a while. Students and parents appreciate Sean's attention to detail and care with each student.

\* If you would like to submit a nomination, please email jessicar@5280gymnastics.com



### Mark your calendars- it's that time of year again!

Our Recreational Show is fun for all of our students — old and new! Gymnasts and coaches get to show off the skills they are working on in class. Parents get to see their child's progress, take pictures, and talk to your coach! This is a fun way to share gymnastics with your family and friends.

Uniforms are available for purchase - this is not required! We will order 5280 shirts and shorts for boys, and leotards for girls. Please buy your sportswear ASAP to be sure we have your size! **Stop by the office to register!** 

South Shows: Saturday, April 18<sup>th</sup>

10:30am- Jr. Novice, Novice, Girls Stars, Boys Stars,

**Boys Preteam** 

1:00pm- Level 1, Level 2, Beginner Boys,

Intermediate boys

North Show: Sunday, April 19<sup>th</sup> at 2pm

### BRING A FRIEND WEEK!

We invite all of our recreational classes to bring a friend to class with them during the week of March  $23 - 27^{th}$ . Show your buddies how fun gymnastics is!

\*\*Please be sure to have your guest bring in a signed waiver form! This can be downloaded from our website.



# **5280 GYMNASTICS INSIDER**

### IMPORTANT DATES and INFORMATION . . .

#### **RECREATIONAL FAMILIES:**

March 20 – Meet Set Up at North Gym – No Advanced Movement class.

March 21/22- Boys Level 5-10 State Meet at North Gym – **NO CLASSES or Open Gym** 

March 23-27 – Spring Break Day Camp (regular classes are held)

March 23-27 – Bring A Friend Week

April 17 – South Gym Recreational Show Rehearsal.

No Advanced Movement class.

April 18 – South Gym Recreational Show – No Saturday classes or Open Gym

April 18 – North Gym Recreational Show Rehearsal

April 19- North Gym Recreational Show



# SUPPORT FOR COACH OKSANA

It is with heavy hearts that we share the news of the passing of coach Oksana's daughter, Slava. On behalf of Oksana, we want to thank all of our gym families, staff, and friends who have supported Oksana through this difficult time. It has meant the world to Oksana.

Please keep Oksana and her family in your thoughts and prayers as they struggle through this unimaginable loss. A GoFundMe account has been set up for donations to help raise money for the increasing medical costs. If you would like to help, you can view the GoFund Me account and make a donation here:

http://www.gofundme.com/mu8yh8

### **USAG/XCEL FAMILIES:**

March 20 – State Meet Set Up - All Practices end at 6pm at North Gym

March 21/22- Boys Level 5-10 State Meet at North Gym – No Saturday Practice or Open Gym

March 23-27 - Spring Break Day Camp

March 23-27 - Spring Break :: Holiday Schedule

March 27-29 – Girls Level 8-10 State Meet

March 28/29 - Boys Level 4 State Meet

April 11/12 - Boys Regionals

April 11/12 – Xcel Meet :: Active Athletics

April 17 – South Gym Recreational Show Rehearsal.

All practices end by 6:00pm. No Xcel Practice.

April 18 – South Gym Recreational Show

April 19 - North Gym Recreational Show

April 24-26 - Girls Level 8 Regionals

April 24-25 – Xcel Meet :: CGI

### WE WILL BE CLOSED FOR A WEEK IN JUNE!

5280 will be closing for Summer Break May 31<sup>st</sup>-June 6<sup>th</sup>. There will be no recreational classes or team practices during this time.

**EXCEPTION:** Xcel Team kids, who will be near the end of competition season, will STILL hold workout during this week and instead, they will have their break from June 29<sup>th</sup> – July 5<sup>th</sup>.

### **COMPETITION SHOUT OUTS!**

- ★ Good Luck, Jessica on the CSI meet this Friday! We love you, Mom, Dad and Blake
- ★ Optional Team Boys Thanks for being such great friends and cheerleaders to one another this year! What a fantastic group of young men. Good luck at State, Regionals and Nationals! – The Ferry Family
- ★ To Grant- With loud cheers from your biggest fans: Mom, Dad, Hunter and Skylar!



## **5280 FRIENDS & COMMUNITY**

### **Goods and Services**



Contact us to find your new furry family member! We also offer pet care and training for your current loved ones! <a href="https://www.DemisAnimalRescue.com">www.DemisAnimalRescue.com</a> demi@demisanimalrescue.com



Quality home inspections at an affordable price! Contact Steve Roeger at 720-879-2023 or sr1964@live.com

Please contact Jessica at jessicar@5280gymnastics.com for more information about posting in this section

